



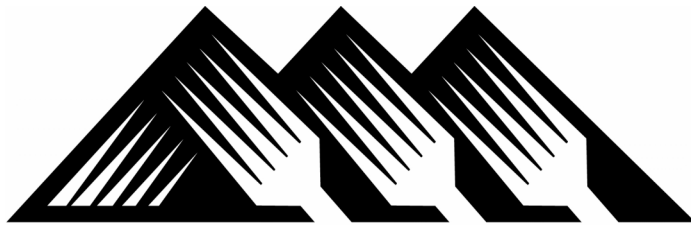
EAT RIGHT MONTANA

A coalition promoting healthy eating and active lifestyles

Let's cut up our favorite sweet fruits - and enjoy a fruit salad for a snack.



Eat Right Montana Screen-Free Fun Tips



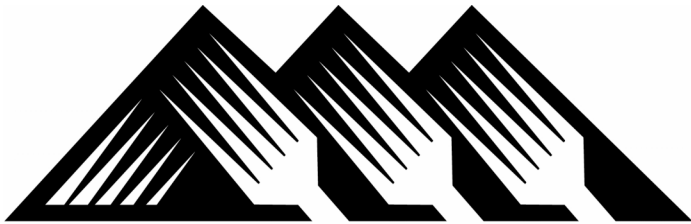
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Let's all pick our favorite book - and snuggle up to read together.



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Let's plan a scavenger hunt - and find as many items as we can.



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Let's play FREEZE DANCE - and play fun music, then stop it and freeze in place.



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