

# REGISTRATION

Please complete this form and return with payment by  
**May 13, 2009**

### Payment

- Before 5/13/09 \$75.00  
 On or after 5/14/09 \$100.00  
(Payment includes lunch)

Walk-In registration will be allowed at appropriate rates.

\_\_\_\_\_  
First name Last name

\_\_\_\_\_  
Agency Job title

\_\_\_\_\_  
Address

\_\_\_\_\_  
City State Zip

\_\_\_\_\_  
Telephone

\_\_\_\_\_  
E-Mail Address

### Mail Registration & Payment:

Hill County Health Department  
% Milk River Breastfeeding Coalition  
302 4th Ave.  
Havre, MT 59501

\*\*Payment must accompany registration\*\*

### Make Payments (Checks or Money Orders.) to:

Milk River Breastfeeding Coalition

Space is limited.

### For Office Use Only:

Date Received: \_\_\_\_/\_\_\_\_/\_\_\_\_

Payment:  Received Amt: \$\_\_\_\_\_

Hill County Health Department  
% Milk River Breastfeeding Coalition  
302 4th Ave.  
Havre, MT 59501

# Milk River Breastfeeding Coalition *Presents* **Jack Newman** **Norms for Breastfeeding**

June 2, 2009  
8:00am to 5:00pm

**Location:**  
Town House Inn  
629 1st St. W.  
Havre, Montana 59501



**Funded By:**  
Fort Belknap SIDS Prevention Program

**Information/Questions:**  
www.hillcountyhealth.com  
kallenbergerb@co.hill.mt.us

Meeting: Town House Inn Meeting Room  
629 1st St. W. 265-6711

Target Audience: Physicians, Nurses, Dietitians, Nutritionist, Lactation Consultants/Educators, Health Educators, Breastfeeding Peer Counselors, La Leche League, WIC, and others interested in supporting families in the initiation and maintenance of breastfeeding.

Hotel Accommodations:

Town House Inn

[Block : Milk River Breastfeeding Coalition]

30 rooms blocked for June 1st & 2nd, 2009. Rooms must be booked by 5-15-09. (800) 442-4667; (406) 265-6711 or e-mail [lorif@townpump.biz](mailto:lorif@townpump.biz)

AmericInn 2520 Hwy 2 West 406-395-5000

Best Western 1345 1st St. 406-265-4200

Participant Confirmation: Confirmation by e-mail will be sent to participants providing an e-mail address only. No other confirmation will be sent.



## AGENDA

- 7:30 Registration
- 8:00 Introductions
- 8:10 **Norms for the Breastfeeding Baby**
- 10:45 Break
- 11:00 **When the baby refuses to latch on**
- 12:30 Networking lunch
- 1:00 **Controversies in Breastfeeding**
- 3:00 Break
- 3:15 **Controversies in Breastfeeding cont.**
- 4:45 Questions, evaluations and wrap-up

## OBJECTIVES

- Dealing with weight gain, stools, urine output, jaundice & hypoglycemia.
- How to prevent baby from refusing to latch on & what to do when it occurs. Plus case studies.
- Truth about formula versus breastmilk
- Supplementing formula in the first few days
- Early initiation of breastfeeding
- Breastfeeding works or it doesn't
- Birth Control effecting breastfeeding
- Feeding babies on schedule
- Premature babies and fortifiers
- Nipple shields
- Vitamin D supplements
- Tongue Tie
- Value of breastmilk
- Premature babies initiating breastfeeding

Dr. Jack Newman graduated from the University of Toronto medical school in 1970, interning at the Vancouver General Hospital. He did his training in paediatrics in Quebec City and then at the Hospital for Sick Children in Toronto from 1977-1981 to become a Fellow of the Royal College of Physicians of Canada in 1981 as well as Board Certified by the AAP in 1981. He has worked as a physician in Central America, New Zealand and South Africa. He founded the first hospital based breastfeeding clinic in Canada in 1984. He has been a consultant for UNICEF for the Baby Friendly Hospital Initiative, evaluating the first candidate hospitals in Gabon, the Ivory Coast and Canada.

Dr. Newman was a staff pediatrician at the Hospital for Sick Children emergency department from 1983 to 1992, and was, for a period of time, the acting chief of the emergency services. However, once the breastfeeding clinic started functioning, it took more and more of his time and he eventually worked full time helping mothers and babies succeed with breastfeeding. He now works at the Newman Breastfeeding Clinic and Institute based at the Canadian College of Naturopathic Medicine in Toronto.

Dr. Newman has several publications on breastfeeding, and in 2000 published, along with Teresa Pitman, a help guide for professionals and mothers on breastfeeding, called, *Dr. Jack Newman's Guide to Breastfeeding*, as it's known in Canada (revised editions, January 2003 and January 2005), and *The Ultimate Breastfeeding Book of Answers*, as it's known in the US (revised edition, November 2006). In 2006, Dr. Newman, along with Teresa Pitman, published *The Latch and Other Keys to Breastfeeding Success* (Hale Publishing). In addition, *Dr. Jack Newman's Guide to Breastfeeding* and the DVD, *Dr. Jack Newman's Visual Guide to Breastfeeding* have now been translated into French as "*L'allaitement : comprendre et réussir*" (same title for both the book and the DVD). The book is now being translated into Spanish.

CEU's are pending: IBCLC, RN, RD, DTR, CLC

Find out more about Jack on his website:  
<http://www.drjacknewman.com>