



# EAT RIGHT MONTANA

*A coalition promoting healthy eating and active lifestyles*

**Eat Right Montana is a non-profit coalition promoting healthy eating and active lifestyles.**

[www.eatrightmontana.org](http://www.eatrightmontana.org)

## Eat Right Montana Membership Application

Name:	
Title:	Organization:
Address:	
E-mail:	
Office Phone:	Home Phone:
Cell Phone:	Fax:
Why are you interested in becoming a member of the Eat Right Montana Coalition?	
How can you contribute to Eat Right Montana?	
What do you hope to gain from your membership with Eat Right Montana?	
<p>Refer to Membership Category Explanation on the back of this page—then select your membership category:</p> <p>Active Membership: _____ as an Organization_____ or Individual_____</p> <p>Local Membership: _____</p> <p>Sponsoring Member: _____</p> <p>As an Active Member, which subcommittee(s) will you participate on? (See subcommittee descriptions attached)</p> <p>_____ Action for Healthy Kids      _____ Breastfeeding Committee      _____ Health Hero Award</p> <p>_____ Wellness      _____ Marketing /Media      _____ Scholarship Committee</p>	
Contact: Ms. Rebecca Morley, Chair – <a href="mailto:rmorley@missoulacounty.us">rmorley@missoulacounty.us</a> or (406) 258-3827	

## Categories of Membership:

### 1. Active

- Organizational members are sought from organizations having an interest in education, nutrition or physical activity and their impact on community health. Members representing their organizations speak on behalf of that organization.
- Individual members have a direct interest in education, school health, nutrition or physical activity and their impact on community health. Individual members are parents, dietitians, educators, community and business members, etc.

Active Members are expected to attend a majority of the quarterly meetings (3 of 4 per year), as well as support and work toward the common goals and objectives of Eat Right Montana, Inc. (ERM). Only Active Members have voting privileges. Active membership involves at least one of the following on a consistent basis:

- Meeting attendance and participation (3 of 4 minimum)
- Active involvement on one or more subcommittees
- Feedback on state team documents (comments, edits, approval)
- Response to e-mails

### 2. Local

Local members have a local interest in community health. They are informed about and support the ERM mission, goals and assist with implementation of plans at the local level.

### 3. Sponsorship/Donors

Sponsoring members meet specifications of either organizational or individual members (as above) who are informed about and support the ERM mission, goals and state team efforts, but are unable to dedicate the time necessary to attend a majority of the meetings. Financial or other negotiated contributions are a requirement of a sponsoring member. Donations are appreciated to support the mission and activities of ERM.

### 4. Inactive

Inactive Members include those organizations or individual members not able to participate in the ERM Coalition in an active or supportive manner. Members may be moved to Inactive Member status by a consensus vote of the Board of Directors. Inactive members are not included in any ERM communications

## Membership Guidelines:

1. Involvement with ERM is on a voluntary basis from public health and education organizations, non-profit health and education organizations, hospitals, universities, and from individual representatives as above
2. Members work under the guidelines of a 501(c) (3) non-profit organization.
3. Active members are asked to make at least a two-year commitment to ERM.
4. Members may be removed from the any membership categories by a vote of the ERM Board of Directors (BOD).
5. ERM members are responsible for statewide implementation of the goals and objectives as established in the strategic plan.

## Eat Right Montana Subcommittees 2016:

**A. Action For Healthy Kids:** Action for Healthy Kids (AFHK) is a nationwide initiative dedicated to improving the health and educational performance of children through better nutrition and physical activity in schools. Addressing school environments through the involvement of parental groups is the current project. AFHK has individual community teams across the state of Montana. You do not have to be a member of Eat Right Montana to participate on this subcommittee. Chair of AFHK: Amanda Diehl [mandamay26@gmail.com](mailto:mandamay26@gmail.com)

**B. Breastfeeding:** ERM provides support for breastfeeding through statewide efforts directed at enhancing breastfeeding friendly policies and support in communities across the state at worksites. CHAIR: Terry Miller [tmiller@mt.gov](mailto:tmiller@mt.gov) or [montanastatebreastfeeding@gmail.com](mailto:montanastatebreastfeeding@gmail.com)

**C. Health Hero Award:** ERM and AFHK recognizes individuals and/or public and private organizations that go above and beyond their job duties to promote health in Montana through nutrition and physical activity. Applications are due in late summer and awards are distributed in the fall. CHAIR: Erica Harp: [erica\\_harp@gfps.k12.mt.us](mailto:erica_harp@gfps.k12.mt.us)

**D. Wellness:** ERM develops, collaborates with and supports programs and activities that promote healthy eating and active living in diverse populations throughout Montana. Healthy school environment or Farm to Fork mini grants, collaboration with Shape Up Montana and Big Sky State Games, gardening projects for assisted living homes and Walk with a Legislator are example of past or present projects. CHAIR: Katie Bark [kbark@mt.gov](mailto:kbark@mt.gov)

**E. Marketing & Media:** ERM seeks to promote and market ERM through the projects and materials developed and implemented by ERM on a local, state and national level. Web site development and marketing campaigns are current projects. CHAIR: Chris Emerson [cemerson@mt.gov](mailto:cemerson@mt.gov)

**F. ERM Scholarship:** ERM seeks to promote professional development for those involved in creating a healthier nutrition and/or physical activity environment. CHAIR: Terry Miller [tmiller@mt.gov](mailto:tmiller@mt.gov)

### 2016 Meeting Schedule

Two meetings are held remotely (videoconferencing or conference call) with one live meeting. The sites are Billings, Bozeman, Great Falls, Helena, Missoula, at this time. Dependent on availability and membership, additional sites may be added to accommodate members.

### 2016 Eat Right Montana Board

Rebecca Morley	Chair person	(406) 258-3827	<a href="mailto:rmorley@missoulacounty.us">rmorley@missoulacounty.us</a>
Katie Bark	Co-Chair person	(406) 994-5641	<a href="mailto:kbark@mt.gov">kbark@mt.gov</a>
Terry Miller	Member at Large	(406) 542-7070	<a href="mailto:tmiller@mt.gov">tmiller@mt.gov</a>
Lisa Lee	Member at Large	(406) 444-3518	<a href="mailto:llee@mt.gov">llee@mt.gov</a>
Stacey Black	Member at Large	(406) 255-5372	<a href="mailto:stacey.black@fib.com">stacey.black@fib.com</a>
Chris Fogelman	Treasurer	(406) 444-5285	<a href="mailto:cfogelman@mt.gov">cfogelman@mt.gov</a>
Crystelle Fogle	Secretary	(406) 947-2344	<a href="mailto:cfogle@mt.gov">cfogle@mt.gov</a>
Amanda Diehl	AFHK Chair		<a href="mailto:mandamay26@gmail.com">mandamay26@gmail.com</a>

For additional information visit: [www.eatrightmontana.org](http://www.eatrightmontana.org)