

2007 5-A-Day Mini-Grants: Farm-To-Fork

These seven mini-grants are (\$1,000 each) are supporting improved access to fruits and vegetables and nutrition education efforts focused on *Farm to Fork* topics reaching preschool children, school-aged children, college-students as well as adults throughout Montana.

MSU Friends of Local Foods - Bozeman

“Student-Community Farm Project” will establish gardens on the MSU campus that provide Bozeman community shareholders with fresh fruits and vegetables. The current 25 shareholders are part of the Gallatin County Food Bank. Specifically, the funding will be used to purchase deer fencing and a portion of the fence posts.

Future Farmers of America- Cascade

“FFA Community Garden” project will allow Cascade High School students to set-up/care for gardens, sell the produce to senior citizens, and take part in nutritional and physical activities. The funding will be used to buy seeds, fertilizer, equipment, fencing, the Rototiller for garden area preparation, and the food for nutrition education programs.

A.W.A.R.E., Inc. Early Head Start- Butte

“Plant a Seed for Life” project will create gardens at community centers and homes of participants in order to provide fresh fruits and vegetables to prenatal families and families with young children. Training sessions on cooking methods and nutritional value of fresh produce will be held. The funding will be used for the purchase of apple trees, gardening tools, and portable gardens for home-based families.

Missoula Head Start-Missoula

“Growing Good Eaters” project will set-up garden plots, rented through Garden City Harvest, to be tended by low-income families. These families will be provided with Missoula Urban Demonstration (MUD) memberships so the children and adults can attend seminars, share information, and access the MUD library. The funding will be used to rent the garden plots, MUD membership, and the purchase of nutrition education material, garden tools, and seeds to be handed out at the “Feed and Reads” event, promoting locally-grown, organic foods.

Jefferson School Age Child Care Program-Helena

“How Does Your Garden Grow” project will allow children in the after-school programs (SACC and Kindercare) to set-up a garden on campus, learn about sustainable gardening and the benefits of fresh fruits and vegetables. Math and physical activity will be incorporated into the care of the gardens. The produce will be used by the Summer SACC Program. Specifically, the funding will be used to purchase a greenhouse, starter seed kits, seeds, gardening tools, soils, transportation for field trips, brochures, shelving, hardware, and incidentals.

Butte 4-C's- Butte

“How Fruits and Vegetables Grow” project will create ten learning boxes that child care providers can check out and use during the growing season. A training session will be presented on how to incorporate the boxes into a facility’s curriculum. The funding will be used to purchase the contents of each box: a greenhouse germination kit, garden tools, watering cans, gardening books, a disposable camera, a container, and a notebook.

Apple Dumpling Child Care- Bozeman

“Helping Support 5 a Day the Family Way” project will allow preschool children to choose healthy recipes and help plan meals for parent events, during which they will learn about healthy foods, family cultures while practicing math, communication, and fine motor skills. A cookbook will be produced from the experiences. Funding will be used for classroom equipment to prepare healthy recipes, food, and printing/binding of cookbook.

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